

IIKSIDDHI ANNA

1 April 2021

An Overview

INNER WHEEL DISTRICT 323



INNER WHEEL DISTRICT 323
District Chairman Usha Saraogi
Conference Committee &
Members of District 323

Cordially invite you to the
Inaugural Session of

SAMSIDDHI
District Conference 2021

Chief Guest
Vasudhaa Chandrachud
President, Association Inner Wheel Clubs in India

Date: 1st April 2021 at 9:30 am
Venue: ITC Grand Chola
63, Mount Road, Guindy, Chennai 600 032

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SAMSIDDHI District Conference 2021



Usha Saraogi
IWD 323
District Chairman 2020-21

The VISION : SAMSIDDHI

We are here today at the IWD 323 District Conference, Samsiddhi.

In Sanskrit "Samsiddhi" means working towards a higher purpose. It signifies complete attainment in the spiritual sense. The logo rings a bell in the ears of the Inner Wheel Family. It reminds them that they are like the sun rising in the sky, bringing hope to the ones in need. With a heart as pure as a lotus, they should always be inspired and motivated to help.

When we are motivated by goals that have deep meaning, by the dreams that need completion, by pure love that needs expressing, then we truly live.

**ASSOCIATION
PRESIDENT'S GOALS
YEAR 2020-21**

LET US MAKE INNER WHEEL THE SYMBOL OF

HOPE

HEALTH & HYGIENE

**EDUCATIONAL SUPPORT TO
ORPHANS & OLD PEOPLE**

PATRIOTISM

**ENVIRONMENT
OUR MEGA INITIATIVE OF THE YEAR**

VASUDHAA CHANDRACHUD
ASSOCIATION PRESIDENT (2020-21)

It is never winter in the land of HOPE.
Once you light the desire HOPE,
everything is possible.



Amritavarshini: Lake Restoration

AMRITAVARSHINI was a Joint project of Clubs of Inner Wheel District 323. It was a project that highlighted the importance and benefits of lake restoration.

108 acres lake Mittanamalli in Morai village

near Avadi was restored which will benefit 60,000 people out of which nearly 40,000 farmers. On completion of this project, water waste was reduced as Mittanamalli Lake was full after it rained.

*Sometimes what looks like an obstacle in your path
is actually a gift meant to move you in a different direction*

Lead the Change and be the symbol of HOPE

IIW International President Mrs. Bina Vyaas and Association President Mrs. Vasudhaa Chandrachud with their respective visions and themes, aimed at instilling hope in persons, reassuring them that they can be the change they want to see by leading the change.

Although the IIW President's theme was Lead the Change, while the Association President's theme was Hope, they had a common aim which were saving the environment, increasing health & hygiene support and awareness, and working for the betterment of society. District 323 star leaders, stay true to the themes "Lead the Change and be the symbol of HOPE."



Mrs. Bina Vyaas
IIW President 2020-21



Mrs. Vasudhaa Chandrachud
Association President 2020-21



SANKALP

The Incoming Chairman Training Institute was conducted virtual summit online was conducted where people were trained online by AP Vasudhaaji and by the training team due to pandemic.



JAGRUTI

Technology was explored as the Association President Vasudhaaji's installation programme JAGRUTI happened on Zoom and through photoshop pictures were taken.



CHRYSALIS - Club Officers Training Institute

Training was conducted for 3 days virtually and guidelines through videos were prepared by training faculties PDC Seema Bhargava, PDC Mallika Venkataramani, PDC Padma Preethe Sumanth, PDC Bhamini Parthasarathy, PDC Nallammai Ramanathan. The Animated Video of Model Installation was very well accepted.



UDISHA - DISTRICT OFFICERS TRAINING INSTITUTE

PIIWP Kamala Ramakrishnan and PIIWT Azhagu Annamalai were in charge of training the participants. They ensured every participant was well groomed and trained.

Animated Video Of Model Installation





District Chairman being collared by her Mother-in-Law Mohini Devi Saraogi

35th DISTRICT ASSEMBLY NAISSANCE

Installation of Usha Saraogi as the 35th Chairman of District 323 was done on Saturday, 11th July 2020 via Zoom. The program being virtual, Association President, Vasudhaaji, other dignitaries of Inner Wheel, and members of District 323 were able to grace us with their presence at the installation. Others viewed it on YouTube. Incoming District chairman, Usha Saraogi was lucky to get felicitation from the Association President Vasudhaaji. The Assembly went flawlessly and The Virtual Parade of Club Presidents of District 323 was the highlight of the programme.

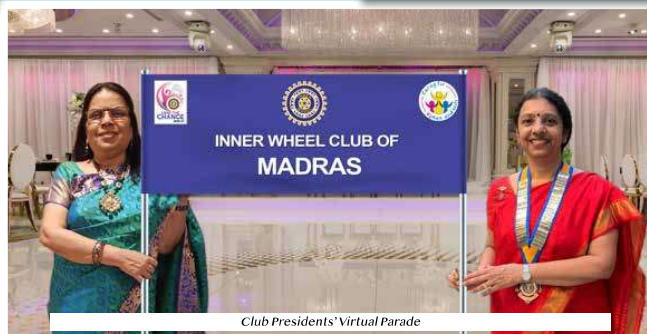
Welcome to the Launch of Directory (2020-2021) Inner Wheel District 323



Waterlogging in schools during the rainy season



Mrs Kiran Bedi
Congratulating Incoming District Chairman



Club Presidents' Virtual Parade



Varsha Rakshita:
Rainwater Harvesting well, work in progress



Miyawaki



Miyawaki



Miyawaki



Harithavanam

MIYAWAKI URBAN FORESTS

Miyawaki is a Japanese technique of creating dense forests in the city. They grow three times faster than the regular forests. Two such forests were successfully created.

The first was created by Inner Wheel Club of Madras while the second one, Harithavanam was created by the clubs of Inner Wheel District 323 with the help of the Greater Chennai Corporation.

Many clubs did the tree plantation in schools, hospitals and orphanages. Herbal plants, fruit bearing plants and many different plants were planted.

Inner Wheel Club of Adyar has been creating Inner Wheel Forests for the last 14 years.

VARSHA RAKSHATI - SAVE THE RAIN WATER

101 Rainwater Harvesting wells were made in 46 Corporation schools where 27 clubs participated. The Coordinator PDC Padma Preetha Sumanth coordinated the project. The work was completed before the Monsoon. The project adverted water logging after the good monsoon. Names of the board of the sponsor with the Inner Wheel logo gave the project a good publicity.



Varsha Rakshita:
Rainwater Harvesting well, completed



Main Project Coordinator & EC Members With RWH Board

Heartfelt Messages From District Chairman 2020-21, Usha Saraogi



Usha Saraogi
IWD 323
District Chairman 2020-21

The year is coming to an end – it is time to take a moment to reflect on the past months, the experiences and the lessons learned.

A different year is coming to an end, a year that has kept the entire world in suspense and presented humanity with numerous, unprecedented challenges. Despite the distance, the zeal to work for the betterment of society has given us strength to find our way.

I think it's fair to say, that the challenges of this crisis have also shown us new ways, new possibilities, and given us beautiful moments and memories that we can accept and cherish with gratitude and positive energy. The enthusiasm and, above all, the creativity with which the Inner Wheel District 323 family has responded to the pandemic and all its limitations is truly admirable! And for this I would like to thank you all from the bottom of my heart. I thank you all for your strength, your hope and your trust!

I thank International Inner Wheel President, Mrs Bina Vyasa for her rightly chosen theme for the year, "Lead the Change". At every step, we were reminded that we need to lead the change and not be bogged down by any difficulties.

I thank Association President 2020-21, Mrs. Vasudhaaji Chandrachud for her motivation, beautifully chosen theme "Hope" and her vision that we could make a difference, irrespective of all the hurdles.



Mrs Bina Vyasa
4B IWP President 2020-21



Mrs Vasudhaa Chandrachud
4C Association President 2020-21

ATTITUDES ARE CONTAGIOUS

I thank seniors of the IW District 323 for being my guiding stars and for being rock solid pillars of strength.



Kamala Ramakrishnan
4D1 PIWP



Azhagu Annamalai
4D2 - PIWT



Mano Bakthavatsalam
4D3 Pap



Vasanthy Rao
4D4 PDC



Nallammai Ramanathan
4D5 - PDC

Thank you



Nalli Prabhakar
4D6 - PDC



Radha Sankarashrinan
4D7 - PDC



Mallika Venkataramani
4D8 - PDC



Seema Bhargava
4D9 - PDC



INNER WHEEL DISTRICT 323 : DISTRICT EC, CCCC AND SPECIAL PROJECT COORDINATORS 2020-21

Teamwork makes the Dreamwork

Becoming the District Chairman gave me butterflies and I wondered if I would be able to live up to everyone's expectations and hold up the name that District 323 has created for itself. But with a team like my District Executive Committee by my side, everything seems effortless. The team has always motivated me and pushed me to the limits so that the organization can outperform in every situation. Thank you so much for all the support that you all have provided through thick and thin.

Thank you EC Members - Vice Chairman Kamala Selvam, AC member Nallini Olivannan, District Secretary Arathi Narayanan, District Treasurer Arasi Ponmozhi, District ESO PDC Vasumathi Marimuthu, District ISO Devi Mathimaran, District Editor Fathima Nasira.

Thank You, District CCCC PDC Seema Bhargava, District CCC Member PDC Bhamini Parthasarathy, Special Project Coordinator Supriya Sundaraman, Main Project advisor PDC Padma Preetha Sumanth.

I thank you all for being patient and focusing on the goal that mattered the most. This helped us achieve our targeted goals and much more.

The achievements of an organization are the results of the combined efforts of every individual. It is heart warming to see that each club under the district 323 umbrella has individually worked hard with a vision to achieve great heights. We have produced a lot of good will and changes in the lives of many, because productivity is always the result of commitment, excellence, intelligent planning and focused work.



IWC Gudiyattam
Old Age Home, 50 Beneficiaries



IWC Meenambakkam



IWC Chennai Symphony
Helped a girl get married with Rs.15,000 & a Silk Saree

**Think Big,
Aim High and Work Hard**



IWC Chennai Central Elite - Classroom Project
Urapakkam govt High School

HOPE

H Health & Hygiene Project Paavai & Nimirnthu Nil (Stand Tall)

Project Paavai is a project for girls to educate them and create awareness on their health and hygiene, Cyber safety, menstrual hygiene and Rubella awareness. Under Paavai we have conducted many awareness talks. Special Project Coordinator Supriya Sundararaman well coordinated the programme

We have distributed 2 lakh free sanitary napkins to the orphanages, migrant labours and to the school girls after the

schools reopened.

The clubs constructed toilets, distributed free sanitizers, soaps and cleaning materials to orphanages.

We did the dual work – branding of Inner Wheel and the norms of wearing mask by distributing 60000 free masks with Inner Wheel Logo to many people around the city. Here we can see our Hope Angels doing such things for the needy people and bringing light to their lives.

*A lamp doesn't speak,
it introduces itself
through its light*

*Achievements
never expose themselves
But their achievements
expose them!*



O Orphanage & Old Age Support

In the segment O that stood for Orphanage Support, our Clubs helped the old age homes and orphanage with food, clothes, medicines, adult diapers and other things for their basic needs. They gave their time and helped with other items that created avenues for earning a livelihood such as iron cart, sewing machines, wet grinders, and other utensils.



P Patriotism

Tribute to the Legend

Inner Wheel club of Madras South and many clubs joined together gave tribute to the legendary singer S.P. Balasubramanian by conducting a music programme.

Bharath Ke Veer

Many clubs jointly came forward and recognized the sacrifice of Martyr Pazhani. They contributed 1.5 lakh rupees for the welfare of his children



INNER WHEEL DISTRICT 323



Project Mikka Nandri Thank you very much

Under Patriotism, clubs of District 323 have recognized 1130 staff nurses of RGGGH by giving them a plaque and sweet, Madras club recognized 230 nurses from Kaveri hospital by giving them a hot case and Madras Central recognized 330 nurses from Kilpauk Medical College Hospital by giving them a steamer for their yeoman service as COVID Warriors.



IWC Madras Central
Donating Steamers To Nurses



Mikka Nandri



Mikka Nandri



Mikka Nandri

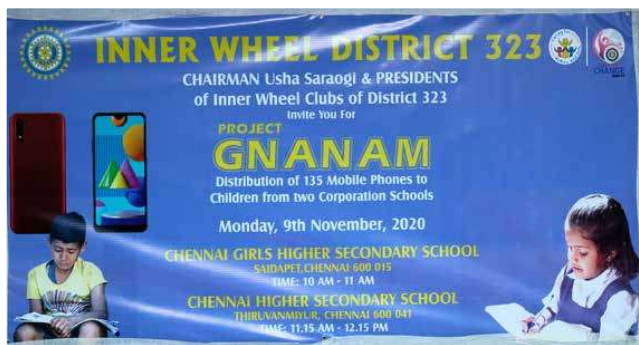
E Education Youth Encouragement Education Project:

Project Gnanam:

Inner Wheel District 323 encouraged youth on the need of not giving up on education especially during the lockdown period. We expressed our support by distributing 140 smartphones to school children of 10th and 12th class of 2 Corporation schools who were unable to afford smartphones to attain online classes.

NEET Coaching:

NEET, an IWD 323 initiative, is a programme that helped train aspiring children that had the dream of being a medical practitioner. 100 children were selected from different schools of the Chennai Corporation and free training for 3 months was given. This prepared the children before and after the exams was carried out. 20 smart phones were distributed to help facilitate this.



Club Installations

This year the club installations were conducted virtually on Zoom and it was done perfectly, following all the protocols, explaining their future planning with the goal of HOPE.

THE KEY TO HAPPINESS
IS TO BE ABLE TO CHANGE
PAIN INTO PLEASURE,
DARKNESS INTO LIGHT
AND SORROW INTO JOY.
THIS CAN ONLY OCCUR
IF WE HAVE THE COURAGE TO CHANGE

Extension of Inner Wheel Family

ESO PDC Vasumathi Marimuthu and District Chairman Usha Saraogi share the pride that despite the pandemic, District 323 successfully started 7 new clubs : IWC Adambakkam sponsored by IWC Chennai Phoenix, IWC Chennai Sakhi New Gen Club sponsored by IWC Chennai Gemini, IWC Chennai Fort St George sponsored by IWC Madras Fort, IWC Madras Besant Nagar sponsored by IWC Madras North, IWC Madras Osian sponsored by IWC Madras, IWC Chennai Bharathi Women's College Sponsored by IWC Madras Cosmos and IWC Chennai Harmony sponsored by IWC Chennai Symphony

Fun
Times



Vasumathi Marimuthu
District ESO PDC



IWC Adambakkam



IWC Chennai Fort St George

INNER WHEEL DISTRICT 323



District ISO Programs

This year we had 2 ISO programme with all clubs.

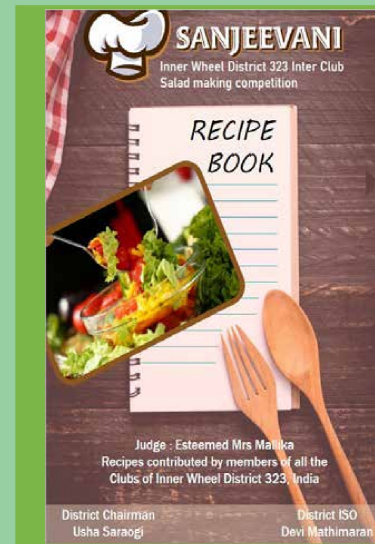
Sanjeevani – salad competition. All the participants came out with very healthy and innovative recipes.

The second ISO Programme was **LOL - Lockdown**. There we had 350 participants on zoom. We had very entertaining competition conducted by different clubs.

District ISO Devi Mathimaran did great work. She also conducted a magnificent essay competition.

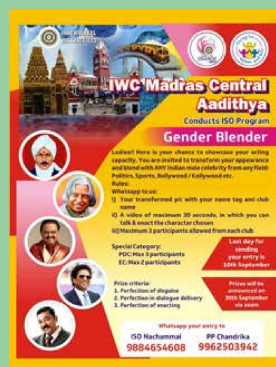


Devi Mathimaran
District ISO



Club ISO Programs:

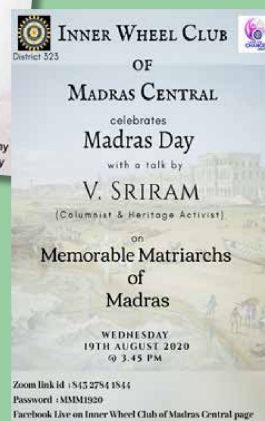
The clubs had different ISO Programmes - Tricolor Rangoli competition, Tricolor Fashion show, six yards of fabric, Genderx-Blender - Tricolor Rangoli competition, Tri color Fashion show, six yards of fabric, Genderx-Blender



How to build an environment you will be proud of: Awareness Programs

The need to be aware of a healthy environmental practices to encourage healthy living cannot be overly emphasized. This year, several awareness programs were organized ranging from hygiene talks and waste management to awareness about Covid-19 vaccines. Programmes that encouraged safety during pandemic were conducted.

Breast-feeding Women were not left out as Breast Milk Awareness programme were encouraged, stressing the importance of healthy child breast feeding.



Madras Day Celebrations

Madras Day Celebrations were carried out by each club in its own unique way such as celebrating women achievers of Madras, talk on monuments of Madras, quiz about Madras and more.

ASSOCIATION OF
INNER WHEEL CLUBS IN INDIA
INCOMING
CHAIRMAN'S INSTITUTE
2020

SANKALP
Our Commitment for Excellence

4th, 5th, 6th April 2020
Venue: International Convention Centre, New Delhi



ASSOCIATION OF INNER WHEEL CLUBS IN INDIA
INCOMING CHAIRMAN'S INSTITUTE 2020

SANKALP
OUR COMMITMENT FOR EXCELLENCE

District 298	District 301	District 302	District 303	District 304	District 305	District 306	District 307	District 308	District 309	District 310	District 311	District 312	
District 313	District 314	District 315	District 316	District 317	District 318	District 319	District 320	District 321	District 323	District 324	District 325	District 326	District 329
CCC Chairman		Association Treasurer		Imm. Past Assos. President		IWW President		Association President		Association Vice President		Association Secretary	
National Editor													






**LEAD THE
CHANGE
2020-21**

Congratulations
USHA SARAOGI
Inner Wheel Club
of Madras Central

We are proud of you &
here for you always!




NAISSANCE
District Assembly 2020








District Chairman
At Meet







Down Memory Lane



DO YOU RECOGNISE THESE STARS?



Usha Saraogi
District Chairman



Nallini Olivannan
Association Council Member



Kamala Selvam
District Vice Chairman



Arathi Narayanan
District Secretary



Arasi Ponmozhi A.T
District Treasurer



Fathima Nazira
District Editor



Devi Mathimaran
District ISO



PDC Vasumathi Marimuthu
District ESO

Working in the Backstage, for the smooth functioning of District 323

KAMALA SELVAM

She is the Vice Chairman of Inner Wheel District 323. Presidents' meets is a unique feature of District 323. This year, Vice Chairman Kamala Selvam organized this on a theme basis. It started off as virtual events and moved onto physical meetings from February 2021.

The ability of IWD 323 to gain brand visibility and media coverage in News Channels, newspapers like The Hindu, Dina Thanthi and other local newspapers was because of her tireless efforts.

FATHIMA NASIRA

Editor Fathima Nasira upgraded our website and Facebook page, started a YouTube channel and Instagram page. She created beautiful videos for all club installations. Now she is bringing out a beautiful Souvenir Dawn showcasing the work of District 323.

NALLINI OLIVANNAN

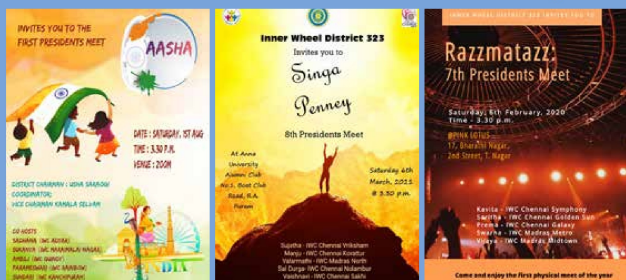
Nallini is an amazing AC Member who has been a pillar of support through out the year. A worthy friend and guide indeed.

ARATHI NARAYANAN

Arathi Is the amiable District Secretary that has proven to be a reliable partner to District Chairman Usha Saraogi. She conducted the seminar on Alternative Energy, which is the need of the hour.

ARASI PONMOZHI

District Account is very safe in the meticulous hands of Treasurer Arasi Ponmozhi. This year she has taken the Project NEET coaching.



*Nothing is permanent in this world.
So, Just be a good person,
Love who you can,
Help where you can,
& Give what you can.*





Parijatham

INNER WHEEL DISTRICT 323

Vol. 2 September 2021



District Chairman Kamala Selvam's Message



Dear friends

Wonderful greetings to my dear Pink Roses Presidents of our District. Hope you are all safe with your family.

In this second issue of Parijatham, I would like to share sincere gratitude to all Pink First Presidents for the support and enthusiasm with which they have come forward and executed projects under SHEROES and

Special projects for this year Manoranjitham an all encompassing workshop for college students which has been well received. In this my sincere thanks to all subject matter experts for their time and commitment. Our other projects Vilvam, Thazambo, THumbai, Suryakanthi, Vadamalli, Alli and Birds of Paradise also have been successfully conducted thanks to our dynamic clubs. Learning something new and adapting to it has been amazing this year. Tulips our online bazaar for our own entrepreneurs, has been very well received and I have been asked by Association President who was very happy to participate in it to share the details with all other Districts as well.

We are into almost three months gone by, but the magnitude of projects and support from all clubs makes me humbled. We still have miles to go and seek all your support and enthusiasm to make it a year of reaching to the community through our participation.

After gap of 7 years, with great pride we will be hosting the South Zone meet on October 30 and 31. We are working towards making it fun filled and action packed event. The response from other Districts is also very positive. So seek all your support in participation and helping to ensure we showcase the best of District 323. I have to also thank the PDCs and EC for guidance and help in making this happen.

So friends do register and be part of event of our district.

Warm regards,

Kamala Selvam

District Chairman, Inner Wheel District 323

Past IIW President Kamala Ramakrishnan

Dear Supriya,

It gives me great pleasure to wish you all the best, as you get ready to bring out the second edition of Parijatham. This is a great way of keeping members updated on all the events of the past few months and with so much happening in our district, you will not lack material to make your second edition interesting. I also wish to use this platform to reach across to our members and share with them the importance of the South Zone Meet that our District will be hosting on the 30th and 31st of October. Our District is hosting such an event after a long while and we, the Committee Members planning the Meet are quite excited about it. We are limiting the number of people that can attend the Meet due to Covid restrictions, so if any of you are interested, do register soon. If you are unable to register, do add your wishes to the success of the programme.

Kamala Ramakrishnan

Past IIW President



year 'SHEROES' and Special projects for the year as crafted by our District Chairman Kamala Selvam, the Presidents and Clubs are implementing projects with all gusto and passion. Efforts have been made here to showcase some of them and include as many clubs as possible in this newsletter. Commitment and determination of women is what makes our organisation of Inner Wheel work with so much passion. As Michelle Obama says, "there is no limit to what we, as women, can accomplish".

I would like to share a poem with you friends, from a blog I read recently.

We are love, we are care,

We are nurture, we are encouragement,

We are strength, we are kindness,

We are inclusive, captivating, patient, and able,

We are sacrifice, endurance, and hard work,

We have the capacity to love beyond surnames,

We are capable of bonds beyond family ties,

We are able to join beyond blood bonds and unite beyond differences,

We are time givers, hug givers, love givers, caregivers, and advice givers,

We smile with strength through our sorrows,

Showing our scars, because these war wounds are our beauty marks,

We are amazing beings of achievement and skill, because of us the world is evolving still,

We are all these things and a whole world more! WE ARE WOMEN.

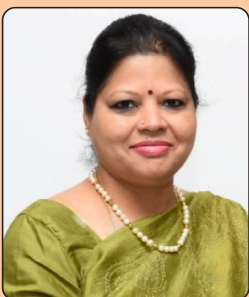
In friendship always

Warm regards

Supriya Sundararaman

District Editor

District Editor's Message



Dear friends and respected Seniors in Inner Wheel,

Warm greetings!

Bringing to you Parijatham, the second issue of our newsletter. Our focus in this issue of Parijatham will be our forthcoming South Zone Meet, and the committed and dedicated projects as executed by our Clubs. With our AP Saroj Katiyarji's goals for the

SHEROES

Goals for the year 2021-22 as given by Association President Saroj Katiyar - SHEROES –A target to build, motivate, and grow with the aim to empower women and secure lives thereby making a meaningful contribution to society. Clubs and Presidents of District 323 are working to do projects under these goals with utmost dedication, sincerity, and commitment. Sharing some projects showcased under the goals:

S STREE SHAKTI



H HEALTH CARE



E EARTH CARE



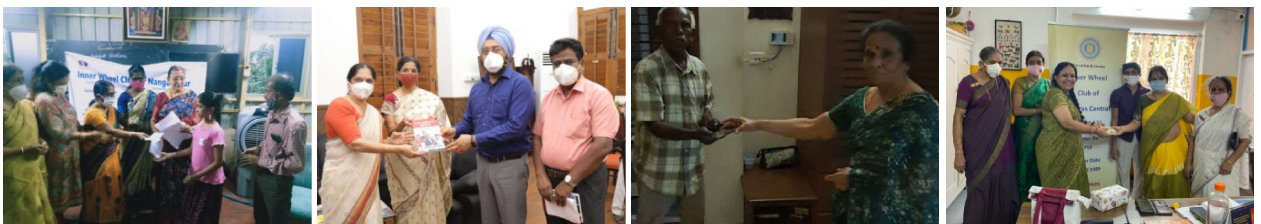
R TRIENNIAL CONFERENCE



O ORPHANAGES AND OLD AGE HOMES



E E LEARNING AND SOCIAL EVILS



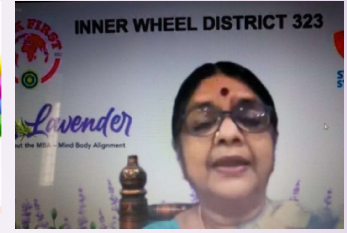
S SPREAD WINGS



Special Projects – District 323 – Initiative of DC Kamala Selvam and SPC Uma Keshav

“A Flower does not think of competing with the flower next to it. It just Blooms.”

The segment of **MANORANJITHAM** focusing on the college- student community is a 3 day workshop covering three segments: **SURYAKANTHI** - Combination of guidance for career and entrepreneurship, **LAVENDAR** - on Mind and Body alignment and **MAGHIZHAMPOO** - brings about awareness on social media addiction, Cyber security, sexual harassment, and related solutions.



VILVAM : Represents our collective and individual responsibility towards Earth Care through herbal gardens, terrace gardens, kitchen gardens and composting.

lavam project 2 Maduravoyal Govt high school



ALLI : Celebrates the beauty of Transgenders and our efforts to create a life of opportunities for them.



THUMBAL : Concentrates on Women's wellness – menstrual hygiene and yoga for good health.



ROSE : A talk on awareness and detection of Cancer, climaxing with a positive Mime on mentally dealing with it.



SURYAKANTHI : A Soft Skills programme covering preparation for Interviews, Grooming and Dressing, Career Guidance/Renewal, Communication Skills, Goal Setting and a Tally package with special reference to GST.

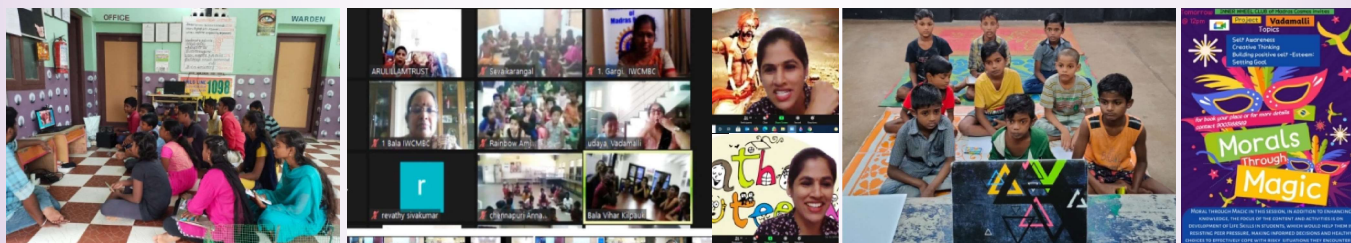


Special projects – District 323

THAZHAMPOO : To bring back the magic in the lives of those orphaned by circumstances, threatened by terminal illnesses living in Old age homes, Shelters, Palliative care and HIV Centres, through Music.



VADAMALLI : Where learning with children through stories, creative art and Suyakalai or vocational guidance is fun.



BIRD OF PARADISE : Is all about Finance - starting from basic account opening in a bank, Awareness of Govt. schemes available for loans, Security and Savings, Scale Businesses available and Marketing a product through social media.



Basic Rules, Objects and Naming of Club

BASIC RULES

The International Constitution shall be binding on all Members and shall be as follows:

1. The name shall be "International Inner Wheel".
2. The emblem shall be:



3. The Inner Wheel year shall be from 1st July to 30th June.
4. Inner Wheel shall not be sectarian or party political.
5. There shall be a standard naming system for all offices at International, National, District and Club levels.
6. The official language is English.

OBJECTS

The objects shall be:

1. To promote true friendship.
2. To encourage the ideals of personal service.
3. To foster international understanding.

NAMING OF A CLUB

When a new Inner Wheel club is formed, the members of a new a newly formed Club may decide on a geographically suitable name, subject to the approval of International Inner Wheel.

As compiled by PDC Seema Bhargava

South Zone Meet



Malligai

Confetti

South Zone Meet 2021-22
Hosted by: Inner Wheel District 323





Association President
Saroj Katiyar



District Chairman
Kamala Selvam



Past IWW President
Kamala Ramakrishnan



**30TH - 31ST OCTOBER
CHENNAI**





My Dear Inner Wheel Friends,
With great pleasure, I invite you all to the South Zone Meet
"CONFETTI – The box of Love & Affection, Service & Satisfaction"
Escape from the tiresome routine and unwind yourself at Confetti in Chennai, the Gateway to Southern India also renowned for Bharatanatyam - the oldest classical dance form.
I am so excited to meet you all once again in person for this two-day event of fellowship, fun, and growth!
The occasion will be an opportunity for lots of learning, sharing ideas on projects, service activities, promotion of the 16th Triennial Conference ENVISION 2K22 at Varanasi and entertainment. All that is expected from you is your valuable time and participation to make this meet a memorable event.

"Amazing things happen when women help other women." - Kasia Goppos
It is a universally acknowledged truth that women are excellent team players and collaborators. Women also make effective leadership - especially when combined with assertiveness, charm and emotional intelligence. The team of District 323 under the Superb Leadership of District Chairman Kamala Selvam, Convener PIWIP Kamala Ramakrishnan are working tirelessly day and night to make this event a memorable one.

"Productivity is never an accident. It is always the result of a commitment to excellence, intelligent planning, and focused effort." It's your time to set new definitions of Friendship and Service.

Calling all the Districts of South Zone (298, 316, 318, 319, 320 & 321,) to come together and show your energy and enthusiasm to make YOUR zonal meet a big success. It is going to be a meaningful and rewarding experience to all the attendees.

Your support and presence will make this event a SUPERHIT.
Looking forward to personally interacting with each one of you!!

Nothing remains forever, except the memories and moments you create to cherish for a lifetime.

Love Saroj



Dear Inner Wheel friends,
It is a special honour for District 323 to host "Confetti" the South Zone Meet this year and I thank our Association President Saroj Katiyar for reposing trust in our District to do a good job of it.

We in District 323 are looking forward to receiving all of you, attending the South Zone Meet on 30th and 31st of October, in beautiful Chennai - the gateway to the south India.

It would be a special pleasure to welcome our Association President Saroj Katiyar and the Association Executive team for the Meet.

While planning for such a Meet is never an easy job, the clouds of a third wave of covid 19 hanging over all planning makes it even tougher. But we have all missed meeting each other over the past year and more and I do hope the wave will never hit us and we will all be able to enjoy each other's company in a great spirit of gratitude and camaraderie.

DC Kamala Selvam is planning a lot for the success of the Zonal Meet and I can promise all of you who participate in it a great experience. We will also be taking all measures to follow all Covid related SOPs so you can relax as you attend the Meet.

Looking forward to saying a big Hi to you all physically!!

Kamala Ramakrishnan
Convener – South Zone Meet







Dear Friends in Inner Wheel,
I take great pleasure in inviting you for the South Zone Meet to Chennai – the traditional and de facto gateway of South India, to be held on the 30th and 31st of October 2021.
It is a matter of pride for our District 323 to host this event and we welcome our friends from District 298, 316, 318, 319, 320 and 321 for this event and are waiting to provide you with an enjoyable and memorable experience. We thank our Association President Saroj Katiyar for providing this opportunity for us and assure her that we will put our best foot forward in conducting this event.
Madras or Chennai as it is known today is more of an emotion for those who have been associated with it. At the South Zone Meet we choose to bring out the rich Cultural Heritage of the region and provide you with a traditional yet contemporary feel of the city. We have lined up mind boggling entertainment events, thought provoking speakers who will make a lasting impression, cuisine which will tickle your taste buds, shopping stalls which will kindle the shopaholic in you, competitions which will make you participate enthusiastically, and goody bags which will impress you without a doubt. So, pack your bags, register in large numbers, and come be part of a mega event which is sure to leave an indelible imprint on your mind!
Yours in Inner Wheel,
Kamala Selvam,
District Chairman
Inner Wheel District 323

Chairmen of Participating Districts



Thatsayini Panneseelam
District 298



Jyothi Laxman
District 316



Pushpa Gururaj
District 318



Veena Niranjani
District 319



Alamelu Sivaramakrishnan
District 320



Cinda Joy
District 321



Highlights of the Event

- Theme and dress code for the 30th of October evening is traditional dresses of your region
- Entertainment by South Zone Districts on 30th October evening -
Based on the tradition, culture, history, of your region perform a musical drama that can involve dance, mime, music and anything else that is creative. Time limit is 8 minutes per District and only one entry per District. Please arrange your own make-up and costume. Submit your music and visual content via email and carry a copy with you in a pen drive. Written content also needs to be submitted. Email id for submission is - confettisouthzone@gmail.com
For any queries regarding the entertainment please contact:-
PDC RADHA RANGANATHAN - 9840820906
PDC KALA RAVICHANDRAN - 9382137912
Last date to receive entries is **20th October, 2021**

- Theme and dress code for the 31st of October is Silk saree (Kanchipuram or any other silk)
- Sharing of signature projects by each District Chairman – a 3 minute video presentation of the signature projects of each District. All presentations should be submitted before the 20th of October and sent to the email id - confettisouthzone@gmail.com. District Chairmen should also carry it with them on a pen drive.
- Igniting young minds- One young NexGen Entrepreneur from each of the 7 Districts will talk about her experience in business and participate in the panel discussion which will follow. This will happen on the 31st October at 11.30 a.m
- Details of the young NexGen entrepreneur from each District along with their bio data must be submitted via email before the 20th of October. Email id for submission is - confettisouthzone@gmail.com

District 323 Executive Committee



KAMALA SELVAM
District Chairman



ARASI PONMOZHI A.T.
District Vice Chairman



USHA SARAOGI
Association Council Member



FATHIMA NASIRA
District Secretary



DEVI MATHIMARAN
District Treasurer



ARATHI NARAYANAN
District ISO



RAKHI MAHER
District ISO



SUPRIYA SUNDARAM
District Editor



PDC SEEMA BHARGAVA
Constitution & Credential Committee Chairman



UMA KESHAV
Special Projects Coordinator



Tulips - Online Inner Wheel Bazaar

An initiative of Chairman Kamala Selvam to promote our Inner Wheel entrepreneurs with an aim, 'Empowered Women, Empower Women'. With so many entrepreneurs amidst us, this is a wonderful platform to give them an opportunity to showcase their line of work and products. This will be an ongoing initiative with clubs taking turns to participate regularly.

Inner Wheel District 323
PROUDLY PRESENTS
Tulips
An online exhibition to promote female entrepreneurs amidst us
IN PRESENCE OF
Saroj Katiyar
Inner Wheel Association President
Kamala Selvam
District Chairman, District 323

Shop on 18th Sept
4 pm Onwards.
Zoom ID - 862 3155 5414
Passcode- IWD 323

STAY AT HOME AND SHOP ONLINE.

PARTICIPATING CLUBS
IWC CHENNAI VRIKSHAM
IWC CHENNAI UNIQUE
IWC MADRAS BAY CITY
IWC MADRAS CENTRAL
IWC CHEYYAR
IWC GUINDY

Innerwheel District 323
proudly presents
Tulips
- an online exhibition to promote the women entrepreneurs amidst us
in the presence of
Veena Kumaravel
Founder at Natural Beauty Salon India P Ltd
Kamala Selvam
District Chairman - IWD 323
On
SUNDAY, SEPTEMBER 5TH, 2021
4:00 PM ONWARDS
VIA ZOOM

Participating Clubs:
CHENNAI GOLDEN SUN
CHENNAI SAKSHI
CHENNAI CENTRAL ELITE
CHENNAI THIRUVANMIYUR

empowered women
empower women
when women support each other,
Incredible things happen
clap on your
super woman cape
and
kick it!

Nalli® Fashions
SILK SAREES & JEWELLERS

Nalli® 100

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PH: +91-44-24343344 | 1800-4250-4567 | E-MAIL: NALLIFASHIONS@NALLI.COM

100, USMAN ROAD, T. NAGAR, CHENNAI - 600 017
PH: +91-44-24314900 | 1800-4250-4567 | CUSTOMERCARE@NALLI.COM

CHENNAI | DELHI | MUMBAI | KOLKATA | BANGALORE | HYDERABAD | AHMEDABAD | COIMBATORE | KANCHIPURAM | KOCHI
PUDUCHERRY | VIJAYAWADA | NEW JERSEY | CALIFORNIA | DALLAS | SINGAPORE | CANADA | DUBAI | LONDON



Issue 1

8th December, 2021



Chembaruthi

Newsletter of the District Chairman, IWD 323

My Dear Friends in Inner Wheel,

My tenure has begun like the dramatic Chembaruthi or the multi-hued Hibiscus flower, which is prized in cultures around the world and may symbolise youth, beauty, success, glory or femininity. This seems yet another way to describe the year going by.

"Say it with flowers" they say, but this year we 'hear' the language of the flowers! The fragrance has wafted into every avenue, leaving a distinct sweetness wherever it has bloomed. Roja, Thamarai, Malligai, Saamanthi, Sampangi, Manoranjitham, Alli, Vadamalli, Vilvam, Suryakanthi, Maghizhampoo, Thulir, Thazhampoo, Lavender, Iris, Tulips, Orchids, Daffodils, Beach Aster, Parijatham and now through Chembaruthi, our flowers will bind us together in memory for many more years to come.

"Leadership is having a compelling vision, a comprehensive plan, relentless implementation and talented people working together."

It has been my dream to bring together every member of our Inner Wheel District in a service activity, because I believe that collective effort and involvement is the best way to succeed. This is my dream now bearing fruition when amazingly, we have all 1800 Inner Wheel members nurturing this magnificent flower garden with their ongoing projects every day.

Life is not only about the steps you have taken but also about the footprints you leave behind. So let us all remain united in the true spirit of the Inner Wheel tradition of Service and Friendship.

"Pink First" being the theme given by our IIW President Ebe Martinez Panitteri and "SHEROES" being the goal given by the Association President Saroj Katiyar, our focus for the year has been on promoting Women Empowerment and Gender Equality through our various programmes. These are goals which I have always personally believed in and worked towards, so the enormous thought process that has gone into putting together the projects and activities for the year have culminated in the blooming of an array of meaningful and a colourful bouquet of flowers in a very short span of time.

Unique, innovative, exciting and exhilarating is how I would wondrously describe the five months that have flown by. Projects, events, competitions, new Clubs, friendship and service have all touched new heights. The enthusiasm, synergy and fun is palpable in every meeting and event of Inner Wheel District 323 and to be at the helm of affairs in such a harmonious scenario is a privilege and possibly the best thing that could happen to any District Chairman!

"The mind is like a flower. It does not bloom without the lights of appreciation, encouragement and love." I thank each one of you for showering me with all three in abundance!

Kamala Selvam
District Chairman
IWD 323





Saadhya

Incoming Chairman's Institute 2021
on April 9th, 10th & 11th April 2021

Saadhya -the ICI at Coimbatore was a very enriching experience. From the word go we were all excited as it was to be a physical meet in these troubled pandemic times and were elated when it really happened. Meeting up with batchmates gave a 'back-to-college' feel and we immediately bonded well in the next three days.

The Briefing sessions were interesting and interactive and we diligently lapped up all the information doled out to us by senior faculty members IIWP Bina Vyas,

PAP Gomathi Viswanathan, Association CCCC Rashmi Sharma, Association President Saroj Katiyar and Association Secretary Anuradha Chandak.

The entertainment performance by the Chairmen brought out the informal and fun side to them and we felt lucky to be amongst a highly talented group of ladies.

In all it was a memorable experience and one which we will cherish for a lifetime.





Ushering in an Era of Pink

Saturday, July 3, 2021 was a pink-letter day for all of us at IW District 323, as we



witnessed a glittering and star-studded yet well-planned District Assembly "Thamarai" that ushered in Kamala Selvam as the new District Chairman for 2021-22. The previous year had called for tremendous patience and perseverance from everyone in order to reach out and serve our fellow-citizens held in the deadly throes of Covid-19. This year we look forward with renewed hope and vigour to less challenges and better times ahead.



The glitterati and dignitaries of District 323 were all there in full strength to welcome special guest Association President Saroj Katiyar, Chief Guest Meenakshi Vijayakumar, Joint Director, Fire Services, Tamil Nadu, and the delegates and special invitees. Held at Hotel Crowne Plaza, Chennai, the



meeting was a hybrid one, due to the Covid imposed limitations on the



number of guests allowed. No matter, the assembled gathering hailed every announcement with enthusiasm, listened with heartwarming attention to every speech, and applauded the incoming team with great aplomb. The colourful and meticulously planned Assembly session struck all the right notes and stayed on schedule

every stage, we can expect this year to be very special with her at the helm of affairs. Kamala is a powerhouse of energy and determination when it comes to achieving her goals and along with the Special Projects team she has planned out a whole host of flower-themed projects that would impact our environment and society.

The addresses of both Association President Saroj Katiyar and Chief Guest Meenakshi Vijayakumar were powerful and aimed at motivating the audience. Felicitations from PDC Nallammai Ramanathan for IWD 323, PDC Swarnalatha Jothikumar on behalf of the home club, DG Nirmal Raghavan of RI Dist. 3231 and President Vikram Jindal



throughout. As District Chairman Usha Saraogi demitted her post to a standing ovation, Kamala swept gracefully into her position as the 36th President with just the right blend of verve and humility that bodes well for the days to come. The Chairman's Newsletter and District Directory were also released in accordance with protocol.

Kamala Selvam, brings a good deal to the table of the District Chairman. An excellent all-rounder in both academics and extra-curricular activities, leadership came naturally to her, both in her school in Nazareth Convent in Ooty and subsequently at Stella Maris College and LIBA, Chennai.

Known for her organizational skills and passion for progress and innovation at

of RCMM, RI Dist. 3232 were followed by a humorous and candid felicitation by Rtn Selvam Alagappan on behalf of the Chairman's family. The Vote of Thanks by District Secretary Nasira was followed by the National Anthem and then a sumptuous lunch to round off a morning well spent.



Suryagandhi







INNER WHEEL DISTRICT 323

Invites you to

Suryagandhi

District Officer's Training Institute

Training Officers -
PIIWP Kamala Ramakrishnan
PIIWT Azhagu Annamalai

Date - Sat, 29th May, 2021
Time - 11 a.m.
Venue - Zoom

"Let's rise and shine like the Sun"

Kamala Selvam
District Chairman Elect

Fathima Nasira
District Secretary Elect

The Club officers Training institute held virtually on 5th, 6th and 7th of June with our eminent PDCs as the faculty provided the necessary inputs that the Club Presidents, Secretaries, Treasurers and ISOs needed. For the first time the manuals for the four office bearers were included in the District Directory which serves as a ready reckoner for the leaders at the Club level.



PANGEA

PANGEA - The joint ISO program saw almost 163 participants from all Clubs and this was meticulously piloted by District ISO Rakhi Maher.



CLUBS OF INNER WHEEL DISTRICT 323
present

PANGEA

JOINT CLUB ISO PROGRAMME

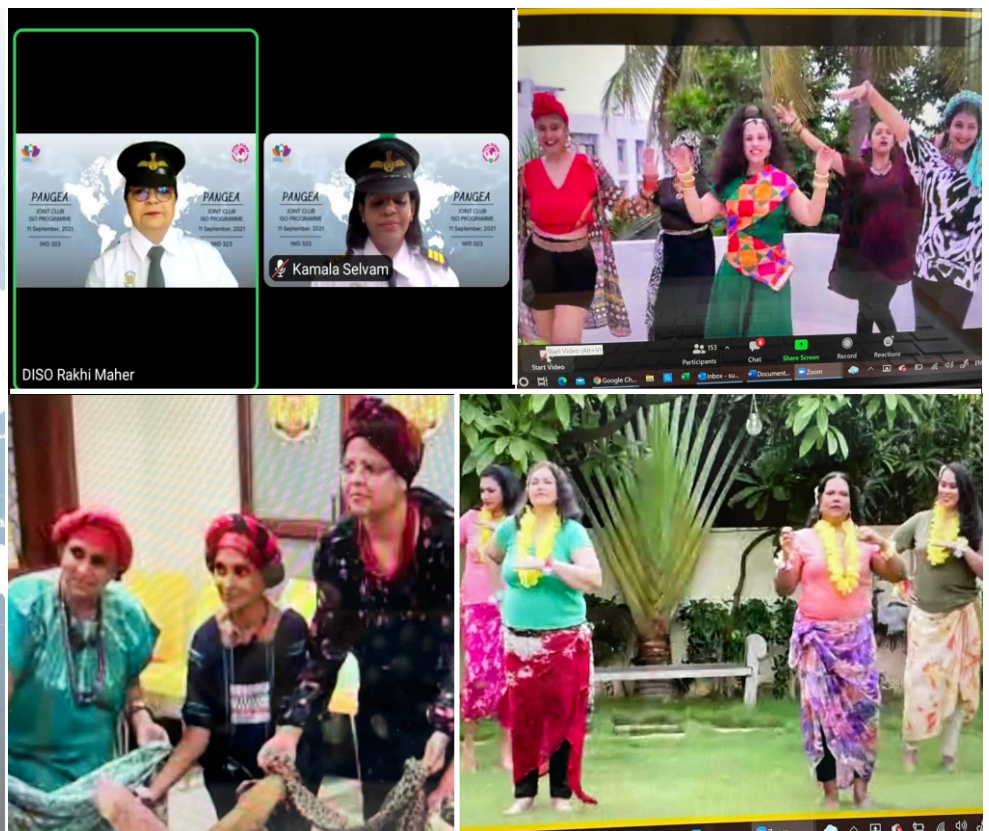
*Travel the world with District 323 by
witnessing the colourful show of all the
continents as one, as Pangea!*

11 September 2021, Saturday
3pm onwards

with
CHIEF GUEST
Dr Priscilla Kumar
Founder of Fly Albatross Travel n Tours,
an IATA recognised travel agency
and
SPECIAL GUEST
Mrs. Kamala Selvam
District Chairman, IWD 323

ZOOM LINK: <https://us02web.zoom.us/j/871295682137>
pwd=TIExSHIc2x3NndwRWIKZDI3RGM3QT09
Meeting ID: 871 2956 8213 **Passcode:** 2021

Mrs. Rakhi Maher
District ISO, IWD 323



***"There is no tool for development more effective than the empowerment of women."* – Kofi Annan**

As women achieve power, the barriers will fall. As society sees what women can do, as women see what women can do, there will be more women out there doing things and we will all be better off for it!

Empowerment is raising a woman's status through education, career, literacy, skill training and all the other aspects that would complement her in this mission to strengthen the social fabric of society to recognize India as a progressive nation. We do not need magic to transform our world. *"We carry all of the power we need inside ourselves already,"* said JK Rowling.

Our Pink Presidents stand testimony to this. The last six months have seen them exploring every avenue of service with a secret ingredient called passion that drives them to excellence.

Come pandemic, come rain, come storm, our Pink Presidents are out there, out of their comfort zones and the safety of their homes, braving the weather to unite as one group, one force, to radiate that compassion, understanding and giving to the hapless and bereft.

Woman Empowerment is best described in a pictorial depiction through the Language of Flowers seamlessly merging with the Association President Saroj Katiyar's acronym SHEROES.



Suryakanthi

SURYAKANTHI : like the unique Sunflower that looks up to the Sun for sustenance and to one another in it's absence, women from the marginalised section of society are being empowered to earn a dignified, sustained and independent livelihood.



We celebrate the beauty of those who identify as transgenders and our efforts to create a life of opportunities through care, healthcare and emotional support.





ROSE : The pink rose symbolizes gratitude to God for giving one the strength to conquer Cancer, to relegate the experience to the back of the mind and the resultant peace to move forward.

Apollo Proton & IWC Adyar
Cordially invite
Dt Chairman Kamla Selvam and the
Presidents of IWD 323

Awareness Program on Breast Cancer
Date: 20/10/2021
@ 3pm

Apollo Proton Cancer Centre
Cordially welcomes
Dt. Chairman Ms. Kamala Selvam
and Presidents of Inner Wheel 323
Awareness Program on Breast Cancer
DATE: 20th OCTOBER, 2021
TIME: 3.00PM - 5.00PM

Dr. Sapna Nangia
Senior Consultant
Radiation Oncology

Dr. Bhavana Sirohi
Lead
Medical Oncologist

Dr. Mangula Rao
Consultant
Oncoplastic Breast Surgeon



CANSTOP
Rose Day Celebration
22nd September
Supported by
Inner Wheel Club of Madras
Charitable Trust

INNER WHEEL CLUB OF MADRAS DISTRICT



IWC Chennai Presidency has contributed Rs.5000/- to The Adyar Cancer Institute towards raising awareness for early detection.

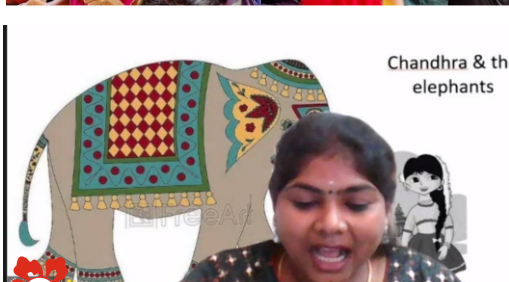


Children paint for children in Adyar Cancer Institute



Vadamalli

Vadamalli is a bright and colourful basket of fun-filled learning experiences through stories and exciting activities for children in orphanages and shelter homes to keep them engaged and connected to the world outside while helping them realize their own potential.



Spreading the wings of knowledge...

Thulir
Value Education



We focus our attention on empowering the young and budding students in Govt-aided schools, through sports and other activities that would mould and prepare them to be proud and responsible citizens of tomorrow.





Club Secretaries programme

Sustainable Cleaning solutions program by District Secretary Nasira helped to add to the momentum of Earth care and was well received by all the participants.

Sustainable Cleaning Solutions

Sep 25th 3.30pm

Workshop by Club Secretaries IWD 323

Sustainable Cleaning Solutions Workshop by Club Secretaries

TURNING KITCHEN WASTE TO BIO-ENZYMES

Saturday 25th Sep 3.30 pm

Save The Date



VILVAM : Earth Care has become a revolution in our District. Members are into terrace gardens, igniting young minds with kitchen gardens in schools, old age homes and orphanages and planting saplings and trees in abundance. Many others have taken up composting with a passion, awaiting the Black Gold in anticipation!





Spreading the ideals of Inner Wheel - Hyacinth



Bringing in happiness and comfort for the old and infirm

Thazhampoo



Mazhalai Oli 2021

Enjoy Joy of Giving



IWC Ashok Nagar swings back into action!



Inner Wheel District 323

Presents

Tulips

An Event For Women Entrepreneurs
4th Edition

📅 November 27, Saturday 2021
5 PM onwards

In the presence of Our Chief Guest
Ms. Archana Stalin
Founder, myArvest Farms

& Ms. Kamala Selvam
Chairman, Inner Wheel District 323

Participating Clubs

IWC Chennai Presidency IWC Adyar IWC Chennai Korattur
IWC Chennai Haremony IWC Chennai Rhylin IWC Chennai Symphony

Inner Wheel District 323 Tulips

an online celebration to promote the women entrepreneurs amidst the
presence of
Yenna Nageswaran
President at Marudai Beauty Salon India Pvt L P

&
Kamala Selvam
Chairman IWD 323 Chennai

On
SUNDAY, SEPTEMBER 27th, 2021
4:00 PM onwards
VIA ZOOM

Participating Clubs

IWC CHENNAI PRES
IWC ADYAR
IWC KORATTUR
IWC HAREMONY
IWC RHYLIN



Join our online event
by clicking on the link
https://www.zoom.us/j/9215415414

Participating Clubs

IWC CHENNAI PRES
IWC CHENNAI ADYAR
IWC MADRAS BAY CITY
IWC MADRAS CENTRAL
IWC CHETVAY
IWC GUINDY



Inner Wheel District 323

Presents

Tulips

An online celebration to promote
female entrepreneurs amidst an
Presence of
Saroj Katiyar
Inner Wheel Association President &
Kamala Selvam
District Chairman, Inner Wheel District 323

📅 November 27, Saturday 2021
5 PM onwards

Zoom ID - 862 3155 5414
Passcode - IWD 323

Inner Wheel District 323 Presents Tulips

An event for women entrepreneurs
4th edition

On 27th Nov 2021
5 pm to 7:30 pm

In the presence of
Chief Guest
Prof. International Women President
Ramesh Chandra Reddy
&
Kamala Selvam
Chairman, Inner Wheel District 323



Join our online event
by clicking on the link
https://www.zoom.us/j/8623155414

Participating clubs:

IWC Madras IWC Chennai Madhav
IWC Madras Central Auxiliary IWC Madras Central



Zoom Meeting ID: 921 541 5414

Tulips virtual Inner Wheel Bazaar, an undoubted success, is a wonderful initiative wherein six participating clubs showcase the products and services of their own entrepreneurs every month. It provides a common awareness platform to connect, source and buy and is a great way for us to buy from one another before looking elsewhere.

Programs for new members have been conducted virtually by District ESO Arathi Narayanan.

The New Gen Clubs of Inner Wheel District 323

IRIS

Membership Development Program

(Exclusive to the members of New Gen Clubs)

in the presence of
Kamala Selbom
District Chairman
Inner Wheel District 323

← Club Level →

Michelle Johnson
Inner Wheel New Zealand
National Representative & National President

← Program Co-ordinator →

Anaëli Maruyama
District 154
Inner Wheel District 323

📅 **Saturday, 28th Aug. 2021, 9pm to 4pm**
Via Zoom

INNER WHEEL CLUBS OF DISTRICT 323

Invite you to

IRIS

Membership Development Program
(*for Clubs over 25 years in Inner Wheel*)

In the presence of
Kamala Selbom
District Chairman
Inner Wheel District 323

← Club Council →

Adriana Anagnostou
BW Treasury (50/60 - 50/60)
International and Inner Wheel
Council of Honour

← Past BW Board Director →

Paula Bishop
Program Co-ordinator
Scottie Narayanaam
District 154
Inner Wheel District 323

📅 **Monday, 6th September 2021**
9PM - 11PM

 <https://www.zoom.us/j/91911111111>
 <https://www.zoom.us/j/91911111111>
 <https://www.zoom.us/j/91911111111>
 <https://www.zoom.us/j/91911111111>

The icing on the cake on the ESO front has been the formation of three new Clubs – Inner Wheel Club of Chennai Daffodils with 41 members, Inner Wheel Club of Chennai Beach Aster with 20 members and Inner Wheel Club of Chennai Rhythm with 23 members.





ORCHID - THE CONFIDENT INVESTOR

A WORKSHOP ON FINANCIAL FITNESS
WITH
PIIWP KAMALA RAMAKRISHNAN

IN THE PRESENCE OF
KAMALA SELVAM
DISTRICT CHAIRMAN IWD322



*Orchid - The Confident
Business Woman*

A Workshop on
"How to Start a
Business?"
with
Girija Raghavan
Journalist & Entrepreneur

In the presence of
Kamala Selvam
District Chairman,
Dist 323

17TH SEPTEMBER
6 PM ONWARDS
ZOOM PLATFORM

WOMEN MEMBERS CLUBS OF
AUTONOMY 323
MADRAS & NORTH COAST
KARNATAKA GOLDEN BOMB
CHENNAI SOUTH
CHENNAI CENTRAL
CHENNAI CENTRAL WEST

FOR A JOINT
MEETING

AUGUST 13TH, 2023 @ 06.00 PM IST
MEETING ID- 817 5098 6924
PASSCODE- IWD323

PARTICIPATING CLUBS
BKC CHENNAI UNIQUE IWC
CHENNAI VISHRAM, TMC KATKAS
RAY CITY, TMC MAHARAJA CENTRAL
IWC CHAYAL, TMC GUDURU

Meeting ID- 817 5098 6924
Passcode- IWD323

**Orchid:
The Confident Business Woman
Oct 8, 2021
6 pm on Zoom**

Topic:
Angel investors (Funding & Investing)

In the presence of Kamala Selvam,
District Chairman,
Inner Wheel District 323



Vidya Ragu
Vice Chair EIG BSYTCI),
President India Finland Business
Council WCCCI, District Co-
Chairperson Entrepreneurship RI
District 3232, Angel investor
with ISB Investors IPV.
Founder Himalaya calling & SGC
International Speaker
One of India's leading Behavioral
& Learning strategist, Certified
business mentor.

Participating Clubs:
RSC Madurai
RSC Tamilnadur
RSC Changanassery
RSC Madras Chennai
RSC Madras Coimbatore

Zoom details will be shared





Manoranjitham

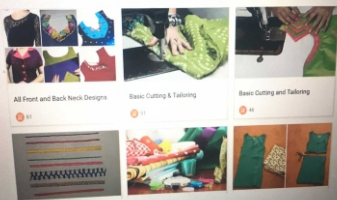
We bow with gratitude to the members of our faculty for having stood with us with willingness and commitment week on week for the last five months. MANORANJITHAM comprising of Suryakanthi, Lavender and Maghizhampoo owes it's success and reach to them.



Skill # 3 - Team work & Interpersonal s

- Interact with every member of the team - get to know professional front
- Be a Team Player – contribute to success of others
- Be yourself!
- Be Empathetic, Do Not Judge
- Seek Feedback constantly. Work on the feedback
- Find your mentor / mentors
- Take a conscious step to move out of comfort zone
- Volunteer for activities- Remember the Growth Minds

You need to transition from ME to WE



UDYOGINI LOAN SCHEME

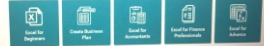
Udyogini, meaning women empowerment, is a scheme that has been initiated for empowering Indian women. The scheme has been introduced under the Government of India by the Women Development Corporation. The funding under this scheme is granted in order to support women in meeting their capital requirements for starting a business.

- Maximum loan granted - Rs. 300000
- Age criteria: 18 years to 55 years
- Annual income of family: Below Rs.1,50,000.
- Subsidy 30%
- No Income Limit for women who are physically challenged or widowed.
- No processing fee or collateral is required for availing loan under this scheme.
- Documents Required: Passport-sized photographs, birth certificate, Below Poverty Line Card, Aadhar Card, Caste Certificate, passbook or bank account, ration card and certification of income to avail of the loan.
- There are about 88 categories of businesses that are mentioned for which loans can be availed under Udyogini scheme.

Advance Excel 12

Learn Advance Excel 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100, 101, 102, 103, 104, 105, 106, 107, 108, 109, 110, 111, 112, 113, 114, 115, 116, 117, 118, 119, 120, 121, 122, 123, 124, 125, 126, 127, 128, 129, 130, 131, 132, 133, 134, 135, 136, 137, 138, 139, 140, 141, 142, 143, 144, 145, 146, 147, 148, 149, 150, 151, 152, 153, 154, 155, 156, 157, 158, 159, 160, 161, 162, 163, 164, 165, 166, 167, 168, 169, 170, 171, 172, 173, 174, 175, 176, 177, 178, 179, 180, 181, 182, 183, 184, 185, 186, 187, 188, 189, 190, 191, 192, 193, 194, 195, 196, 197, 198, 199, 200, 201, 202, 203, 204, 205, 206, 207, 208, 209, 210, 211, 212, 213, 214, 215, 216, 217, 218, 219, 220, 221, 222, 223, 224, 225, 226, 227, 228, 229, 230, 231, 232, 233, 234, 235, 236, 237, 238, 239, 240, 241, 242, 243, 244, 245, 246, 247, 248, 249, 250, 251, 252, 253, 254, 255, 256, 257, 258, 259, 260, 261, 262, 263, 264, 265, 266, 267, 268, 269, 270, 271, 272, 273, 274, 275, 276, 277, 278, 279, 280, 281, 282, 283, 284, 285, 286, 287, 288, 289, 290, 291, 292, 293, 294, 295, 296, 297, 298, 299, 300, 301, 302, 303, 304, 305, 306, 307, 308, 309, 310, 311, 312, 313, 314, 315, 316, 317, 318, 319, 320, 321, 322, 323, 324, 325, 326, 327, 328, 329, 330, 331, 332, 333, 334, 335, 336, 337, 338, 339, 340, 341, 342, 343, 344, 345, 346, 347, 348, 349, 350, 351, 352, 353, 354, 355, 356, 357, 358, 359, 360, 361, 362, 363, 364, 365, 366, 367, 368, 369, 370, 371, 372, 373, 374, 375, 376, 377, 378, 379, 380, 381, 382, 383, 384, 385, 386, 387, 388, 389, 390, 391, 392, 393, 394, 395, 396, 397, 398, 399, 400, 401, 402, 403, 404, 405, 406, 407, 408, 409, 410, 411, 412, 413, 414, 415, 416, 417, 418, 419, 420, 421, 422, 423, 424, 425, 426, 427, 428, 429, 430, 431, 432, 433, 434, 435, 436, 437, 438, 439, 440, 441, 442, 443, 444, 445, 446, 447, 448, 449, 450, 451, 452, 453, 454, 455, 456, 457, 458, 459, 460, 461, 462, 463, 464, 465, 466, 467, 468, 469, 470, 471, 472, 473, 474, 475, 476, 477, 478, 479, 480, 481, 482, 483, 484, 485, 486, 487, 488, 489, 490, 491, 492, 493, 494, 495, 496, 497, 498, 499, 500, 501, 502, 503, 504, 505, 506, 507, 508, 509, 510, 511, 512, 513, 514, 515, 516, 517, 518, 519, 520, 521, 522, 523, 524, 525, 526, 527, 528, 529, 530, 531, 532, 533, 534, 535, 536, 537, 538, 539, 540, 541, 542, 543, 544, 545, 546, 547, 548, 549, 550, 551, 552, 553, 554, 555, 556, 557, 558, 559, 560, 561, 562, 563, 564, 565, 566, 567, 568, 569, 570, 571, 572, 573, 574, 575, 576, 577, 578, 579, 580, 581, 582, 583, 584, 585, 586, 587, 588, 589, 590, 591, 592, 593, 594, 595, 596, 597, 598, 599, 600, 601, 602, 603, 604, 605, 606, 607, 608, 609, 610, 611, 612, 613, 614, 615, 616, 617, 618, 619, 620, 621, 622, 623, 624, 625, 626, 627, 628, 629, 630, 631, 632, 633, 634, 635, 636, 637, 638, 639, 640, 641, 642, 643, 644, 645, 646, 647, 648, 649, 650, 651, 652, 653, 654, 655, 656, 657, 658, 659, 660, 661, 662, 663, 664, 665, 666, 667, 668, 669, 670, 671, 672, 673, 674, 675, 676, 677, 678, 679, 680, 681, 682, 683, 684, 685, 686, 687, 688, 689, 690, 691, 692, 693, 694, 695, 696, 697, 698, 699, 700, 701, 702, 703, 704, 705, 706, 707, 708, 709, 710, 711, 712, 713, 714, 715, 716, 717, 718, 719, 720, 721, 722, 723, 724, 725, 726, 727, 728, 729, 730, 731, 732, 733, 734, 735, 736, 737, 738, 739, 740, 741, 742, 743, 744, 745, 746, 747, 748, 749, 750, 751, 752, 753, 754, 755, 756, 757, 758, 759, 760, 761, 762, 763, 764, 765, 766, 767, 768, 769, 770, 771, 772, 773, 774, 775, 776, 777, 778, 779, 780, 781, 782, 783, 784, 785, 786, 787, 788, 789, 790, 791, 792, 793, 794, 795, 796, 797, 798, 799, 800, 801, 802, 803, 804, 805, 806, 807, 808, 809, 810, 811, 812, 813, 814, 815, 816, 817, 818, 819, 820, 821, 822, 823, 824, 825, 826, 827, 828, 829, 830, 831, 832, 833, 834, 835, 836, 837, 838, 839, 840, 841, 842, 843, 844, 845, 846, 847, 848, 849, 850, 851, 852, 853, 854, 855, 856, 857, 858, 859, 860, 861, 862, 863, 864, 865, 866, 867, 868, 869, 870, 871, 872, 873, 874, 875, 876, 877, 878, 879, 880, 881, 882, 883, 884, 885, 886, 887, 888, 889, 890, 891, 892, 893, 894, 895, 896, 897, 898, 899, 900, 901, 902, 903, 904, 905, 906, 907, 908, 909, 910, 911, 912, 913, 914, 915, 916, 917, 918, 919, 920, 921, 922, 923, 924, 925, 926, 927, 928, 929, 930, 931, 932, 933, 934, 935, 936, 937, 938, 939, 940, 941, 942, 943, 944, 945, 946, 947, 948, 949, 950, 951, 952, 953, 954, 955, 956, 957, 958, 959, 960, 961, 962, 963, 964, 965, 966, 967, 968, 969, 970, 971, 972, 973, 974, 975, 976, 977, 978, 979, 980, 981, 982, 983, 984, 985, 986, 987, 988, 989, 990, 991, 992, 993, 994, 995, 996, 997, 998, 999, 1000.

Advance Excel Courses



OTHER LOAN SCHEME BASIC DETAILS

- REGP – RURAL EMPLOYMENT GENERATION PROGRAM
- KVIC – Khadi and Village Industries commission has launched REGP program for generation of employment in rural areas.
- TAHDCO – TAMIL NADU ADI DRAVIDAR HOUSING AND DEVELOPMENT CORPORATION LIMITED
- TIC – TAMIL NADU INDUSTRIAL INVESTMENT CORPORATION LIMITED
- GENERAL TERM LOAN / WORKING CAPITAL / EQUIPMENT FINANCE / BILL FINANCE
- Eligibility: Proprietorship / Partnership firms / Limited companies
- www.tic.org

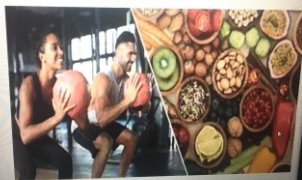
VOCATIONAL EDUCATION

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Lavender

Nutrition For Wellness & Fitness



Calorific Value

1 g of pure PROTEIN	4 kcal
1 g of pure FAT	9 kcal
1 g of pure CARBOHYDRATE	4 kcal

7 years

of a woman's life between 12 and 40 years of age, are spent in menstruating



Menstruation Basics

- Menstruation is a normal process
- It happens to every girl once she reaches puberty – usually somewhere between the age of 9 and 14.
- The body undergoes many changes during this period: your hips widen, you develop breasts, you may have a whitish vaginal discharge and get underarm hair.
- Sometimes hormones make both girls and boys a bit more emotional than usual.
- There is no reason to be scared or ashamed of any of these changes.

WHAT IS SEXUAL HARASSMENT?

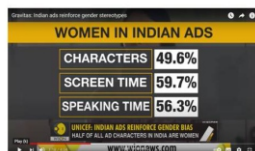
பாலியல் வன்கொடுமை என்றால் என்ன?

Anything which is

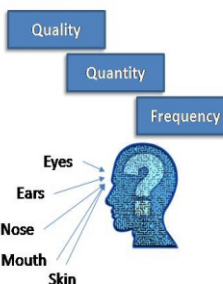
1. Unwelcome advance - விரும்பத்தகாத வகையில் நெருங்குவது
2. Sexual in Nature - பாலியல் சண்டல்
3. Impact is what matters, not intent. - விளைவுகள் முக்கியம்
4. Often occurs in a matrix of power - பதவியில் இருப்பவர்கள்
5. Subjective experience - நீங்கள் மட்டும் உணரமுடியும்
6. Can be direct or by implication - நேரமுகமாகவோ மறைமுகமாகவோ

Role of Advertising

- Messaging
 - Domestic work
 - Dependant
 - Insecure
- Typing
 - 2/3rd are fair
 - 9x stunning
 - 6x revealing
 - 5x objectified
- Brand Ambassador Vs. Brand commodity



Secret: Your Senses Feed Into Your Mind.



Maghizhampoo

LIVE
LAUGH
GET HACKED
STOP LAUGHING

Why is
cybersecurity
awareness
important?

A CONFETTI OF MALLIGAI



Confetti, the South Zone meet, aptly named 'Malligai' to reflect Tamil culture and tradition, was hosted on October 30th and 31st, 2021 by District 323. Delegates from 7 districts led by their respective chairmen came together in a joyous culmination of friendship and bonding over two packed days at ITC Grand Chola, Chennai. Each day's schedule was meticulously planned and carried out under the dynamic leadership of DC Kamala and team under the watchful and experienced eyes of Convenor PIIWP Kamala Ramakrishnan and Co-convenor PIIWT Azhagu Annamalai. Valuable contributions from the PDCs of District 323 added to the glamour and excitement of the event, held again in Chennai after a hiatus of 7 years. Association President Saroj Katiyar and her executive team attended in full strength and interacted with all the delegates and attendees.

There was rich entertainment, varied cuisine, motivational speeches, goodie bags for participants and shopping galore in the stalls put up outside. Excitement mounted to heady heights as lucky winners were awarded dream prizes every so often, and a fabulous fashion show by title sponsors Maganlal Jewellers carried the day.

Emcees PDCs Seema Bhargava, Nallini Olivannan, Susha Natraj and Shama Prasanna ensured the smooth flow of events and minimal wastage of time. Chief Guest Dr.(Smt) Tamilisai Soundararajan, Hon'ble Governor of Telangana and Lt. Governor of Puducherry delivered a rousing address on Day 1. Hon'ble Justice Dr. Anita Sumanth delivered an inspiring keynote address on Day 2. The Sherioes Award was presented to Mrs Suneeta Reddy of Apollo Hospitals for her exemplary service to world-class healthcare in India. Another event of special interest was the panel discussion with seven young next-generation women entrepreneurs, one from each district,

moderated by Hemu Ramaiah, founder of the iconic bookstore Landmark. Each panellist spoke of the challenges faced along the way and the mindsets that prevailed in



helping them to succeed.

With never a dull moment, all too soon it was time to wrap up and say adieu. Another joyous event furthering the bonds of friendship had been carried off with aplomb, leaving behind lasting memories.

